



# PENNCREST

EMPOWERING LIFE-LONG LEARNERS

March 2, 2020

Dear PENNCREST Families:

The cold and flu season continues to linger and we are experiencing a normal number of cases of students who are absent for seasonal influenza, coughs, colds and viruses. In light of the recent news and the communications by the federal and state government(s) regarding the outbreak of **Coronavirus (COVID-19)**, the District believes this is an appropriate time to re-share proactive measures that all families can take to keep each other healthy in the event the virus would impact our communities.

Although we have not experienced any cases of COVID-19 in Pennsylvania, we are actively monitoring the Center for Disease Control (CDC) and the PA Department of Health for updates so we can communicate with our families to stay prepared. Additionally, the District is taking internal steps to keep our students and employees safe. Health experts have indicated that COVID-19 is different than seasonal influenza, but similar prevention strategies can be effective.

We are respectfully requesting that all families know and practice the following:

1. Do not send your child to school if he or she has a fever. A fever can indicate that your child may be battling an illness that could be contagious to others.
2. Remind your child that good hand washing techniques will protect them from spreading and picking up the germs of others.
3. Remind your child to cough and sneeze into the fabric of his or her sleeve, rather than into their hands.
4. Please keep your school nurse informed of any contagious illness that your child experiences so that we can monitor classrooms and school trends.

Please contact your school principal or nurse with additional questions or concerns.

## Additional Information:

[PA Department of Health \(PA DOH\) - Coronavirus](#)

[Center for Disease Control \(CDC\) and Prevention - Coronavirus](#)

[CDC – COVID 19 in the US](#)