

## PENNCREST SCHOOL DISTRICT

### Dual Sporting Administrative Guidelines

The PENNCREST School District Athletic Council recognizes that, in some instances, a student-athlete may have the capacity and desire to participate in more than one interscholastic sport during the same athletic season. The Athletic Council refers to this situation as "dual sporting" and limits such participation to no more than two (2) sports in the same athletic season.

A student-athlete and his/her parent/guardians, wishing to exercise the dual sporting option, must submit a written request to the Athletic Director and principal at least two (2) weeks prior to the first practice of the sports in question. In this request, the student-athlete and parents/guardians must acknowledge and agree that:

1. The student-athlete will make a commitment to one sport (primary sport) so that, in case of a conflict with a contest in the other sport (secondary sport, the student will participate without exception in the primary sport contest.
2. Once the request for dual sporting is approved, the student-athlete may not quit participation in either the primary sport or secondary sport to participate in a third sport. Special circumstances may be considered at the discretion of the principal.
3. Dual sporting status does not exempt the student-athlete from adhering to the team rules in each sport of participation. In situations where the functionality of either the primary or secondary sport team is affected by frequent absences at practices, consequences may be imposed on the dual sport participant in keeping with individual coach's team rules for all members of the teams in question.
4. The coaches of both sports, in collaboration with the athletic director, will develop a written agreement that specifies the "level of participation" (e.g. length of practice time and participation in games) in each sport and responsibility for student/athlete practice requirements. In the event that the athletic director coaches one of the sports, the principal will meet with the coaches to develop the agreement. The details of the agreement and the consequences associated with the student-athlete's non-compliance with either of the sport's rules will be provided by the coaches to the student-athlete and parents/guardians prior to the granting of the request for dual sporting.
5. Given the fact that dual sporting presents a greater physical demand on the student-athlete, he/she must provide to the athletic director a written statement from a physician who has examined the student. In this statement, the physician needs to note the specific sports in which the student desires to participate and that, in his/her professional judgment such involvement by the student presents no potential physical harm for that student, i.e., the student can endure the physical "stress" of participating in two (2) sports.
6. It is the student's responsibility to maintain grades in accordance with the Academic Eligibility requirements as set forth in the Student Athletic Handbook.
7. In situations where special transportation is necessary for participation in both sports, it shall be the responsibility of the parents/guardians to make such arrangements.
8. The student-athlete must follow PENNCREST School District and P.I.A.A. regulations.

# DUAL SPORTING AGREEMENT

Name \_\_\_\_\_

Primary Sport \_\_\_\_\_

Secondary Sport \_\_\_\_\_

- It is understood that the primary sport contest supersedes all other activities regardless of time of season or circumstance.
- It is understood that the athlete is a member of both teams and bears the responsibility to meet the requirements of both teams set forth in the team rules.

## Game/Practice Responsibilities:

- Athlete will attend primary games regardless of secondary activities
- Athlete will be at all primary practices unless it's in direct conflict with a secondary match/game.
- Athlete will attend all secondary practices that do not conflict with either a primary practice or a game.
- Athlete will attend both practices on the same day when there are no games or matches and the two (2) sports' practices do not conflict. On days when they do conflict, Athlete will attend the primary practice.
- If a primary game/match and a secondary game/match occur on the same night, Athlete will remain with the primary team until the Varsity game is finished. Athlete will not be required to remain for the JV contest.
- Transportation from the primary game/match to the secondary game/ match is the responsibility of the family.

**I have read the above guidelines and agree to follow all of the terms and conditions.**

**Athlete:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent/Guardian** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Primary Coach:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Secondary Coach:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Athletic Director:** \_\_\_\_\_ **Date:** \_\_\_\_\_

### Dual Sporting Medical Release

Given the fact that dual sporting presents a greater physical demand on the student-athlete, he/she must provide to the athletic director a written statement from a physician who has examined the student. In this statement, the physician needs to note the specific sports in which the student desires to participate and that, in his/her professional judgment such involvement by the student presents no potential physical harm for that student, i.e., the student can endure the physical "stress" of participating in two (2) sports.

Athlete \_\_\_\_\_

Sports \_\_\_\_\_ and \_\_\_\_\_

Physician \_\_\_\_\_ Date \_\_\_\_\_